

187th Fighter Wing Welcomes Home AEF Warriors

By Captain Will Cambardella 187FW/PAO



The sounds of freedom could be heard at the Montgomery Regional Airport in September when 221 personnel from the 187th Fighter Wing returned from Balad, Iraq. Personnel were composed of F-16 pilots, maintenance mechanics, support and operations members and medical specialists who supported US and Coalition Forces engaged in the fight against terrorism with F-16C assets and precision guided munitions. Combat aviators flew 24-hour operations, clocking in over 2,309 combat hours which resulted in significantly favorable operational outcomes.

Friends and family members gathered around the flight line with ear plugs and tissue to see their loved ones home. Many were waving American flags against a perfectly blue sky.

Montgomery Mayor, Todd Strange, congratulated the first pilots on the ground.

The district Director for Congressman Bobby Bright and former A-10 pilot, Al Allenback, was present to greet Airmen and mingle with their family members. "The 187th FW has a long history of performing above and beyond," said Allenback. "I have a great admiration for the sacrifices that these Airmen and their family members have made on a daily basis throughout this deployment."

Returning Airmen were deployed for approximately 75 days. Additional personnel flurried home in October.

First Sergeant Steve Russell was surrounded by his family. "As we touched down, it was sweet to be home and see wives, husbands and kids waiting for us on the ground." Russell commented on the 187th FW contributions to the fight. "I overheard a General Officer in Iraq comment on how the men and women from Alabama set a high benchmark for success."

Master Sergeant Mataya Williams echoed Russell's comments. "This was a great mission—we really came together."

The long and storied tradition of the 187th is something that Col. (Ret) Dick Erickson knows very well. "It's always a great feeling to welcome them back." Erickson represents Blur Star Salute, a veterans organization that supports family members with packages and encourages Airmen every chance they get.

Welcome home AEF Warriors!



187 Fighter Wing leadership forms a greeting line to welcome home AEF personnel returning from the fight on terrorism.



Montgomery Mayor Todd Strange thanks Lieutenant Colone Will Sparrow for his recent OIF participation and service.

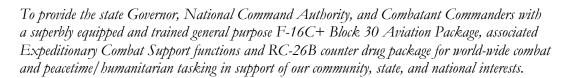


Children of a 187FW member anxiously await the arrival of several F-16 fighter jets.





187 FIGHTER WING MISSION STATEMENT





Commander's Desk

By Col. Paul Jacobs 187MSG/Commander



I am grateful to be the new Mission Support Commander.

I am grateful to Colonel Smiley for entrusting the leadership of the Mission Support Group to me for the next few years. I am also grateful to Colonel Woodard for his tremendous leadership and the cohesive partnership that we formed to lead the Group over the past year and half.

Nothing good happens without leadership. Col Smiley's first special interest item, "Return to Basics" was spot on in reminding us that "leaders lead, we properly, effectively and efficiently organize, train and equip, we follow tech orders, work cards, and checklists, we look out for each other, and we accept nothing less than excellence and are accountable when we are not." I appreciate his emphasis on the basics and the message is clear. We must take care of the basics so we can take care of the mission. Whether we are an NCO or officer, shop chief, or commander, the art and craft of leadership will determine the success of our organization.

Now we are less than a year from the Phase I ORI next November. In order to be successful, we are going to have to demonstrate the same teamwork, work ethic, and commitment that got us through the Phase II ORI. I look forward to being part of the leadership team to move this Wing forward to secure our future by flying, fighting, and winning. We will ultimately accomplish this by being ready, reliable, relevant, and revered.

Commander's Desk

By Col. Henry "Hank" Heard 187MDG/Commander

Change, change, change; nothing is so constant in the universe as change.

Every year the Air National Guard medical section has a meeting, this year's was in August. It is a time every year where medical Airmen can get very specific training on new programs coming to the Guard. For instance, some of the training offered this year was on electronic medical records we are getting this summer in the Medical Group. We will have new digital dental X-ray capability soon and updates on the equipment were offered. It's a place to catch up with old friends, to find out how they are doing, what mission shortfalls they are having and what "work-a-rounds" they have employed. It's also a place where you can rub elbows with a few Air National Guard medical General Officers and learn the newest rumors. A big topic this year was the new fitness changes. The standards will change. Active Duty will test two times a year and employ civilians to run the program and ultimately answer to A-1 (personnel) as the point of contact for the entire process. ANG has not completely signed off on the project but is expected to do so in the future. More than likely, ANG will continue to test once a year and will run their own program, but it seems the attitude on fitness is changing. Fitness will play a stronger role in promotions. A failure on any part of the test will mean an overall failure - even the waist line measurement. Repeated failures will mean administrative discharge.



We continue to have other changes at Dannelly as well. Colonel Kathy Johnson will be leaving us after a short stay for the A-4, 22nd Air Force - congratulations to her! Another successful AEF deployment will be in the record books when everyone comes home in October. Hopefully we will be getting two more airplanes with one being a second "D" model later this year.

Of course, the personnel at Dannelly is always in a state of flux, but some things don't change all that often, and that's a good thing. The Medical Group just stood a Health Services Inspection; we scored an "Excellent". That's the third time in a row for us medics, which means for the last 15 years the medical unit at Dannelly has been noted to be way above average, Excellent. Manning and recruitment for the Wing remains strong. The people at Dannelly have a continued commitment to succeed and excel. The Wing leadership, though it changes from time to time, remains committed to the Airmen in the Wing, the citizens in the State of Alabama and of the United States of America. I do not ever see that changing. It just goes to show you that the more things change, the more they stay the same...and that's a good thing!



From the Command Chief Master Sergeant (CCM)

By Chief Master Sgt. Michael E. Cone 187FW/CCM

"Send Me" is the theme at the 2009 Air National Guard Enlisted Leadership Symposium.

I wrote this article while I attended the symposium with our 2008 Alabama Air National Guard Airman and First Sergeant of the Year winners, Senior Master Sgt. Steve Russell, Master Sgt. Lisa McDay, Master Sgt. Dan Glore, and Staff Sgt. Luis Enriquez.

The term "attitude" was the focus for the first two days of the Symposium. We are ready, reliable, and relevant for today's fight abroad and to the needs of the community at home. The evidence is in our volunteer rate for American Expeditionary Forces deployments, disaster relief, and community involvement.



"Send me" is not limited to our maintenance and operations Airmen that deploy for every AEF, flag exercise, other training deployments and is alive and well in the combat support units. I would like to remind everyone that the Logistics Readiness Squadron, Force Support Squadron, Security Forces Squadron, Civil Engineering Squadron/Fire Fighters, and Communications Flight have stood up and said "Send me" many times since 2001; not only for the AEF but for disaster relief and those lesser known community needs.

This attitude is what has sustained us as a Wing. It's an attitude that we will instill in our junior enlisted force, and it's an attitude that will be required to lead others to overcome the challenges of the future. I urge you to find one of our 2008 winners during the November UTA and ask them what "Send me" means.

First Sergeant Vacancies

The 187th Mission Support Group, 187th Aircraft Maintenance Squadron, and 187th Civil Engineering Squadron are looking for highly motivated Technical Sergeants and Master Sergeants to be part of their leadership team.

First Sergeants provide advice to commanders on a wide range of topics including morale, mentoring, recognition, professional development, and discipline. As a First Sergeant you will be responsible to the commander and for your Airmen by ensuring they understand the commander's polices, goals, and objectives. You will work with your fellow NCOs and supervisors to building and maintaining esprit de corps.

If you've been looking for an opportunity to make a difference, then submit your name for consideration.

Packages are due to the Force Support Squadron NLT 6 Dec 2009, Sunday UTA Interview Board – January 2010, Sunday UTA. Times to be announced.

Link to application instructions - https://almont04/Web/Wing/Command/CCM/welcome.htm

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Staff

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Disclaimer

The **In Formation** is the official newsletter published by, and for, the personnel of the 187th Fighter Wing of the Alabama Air National Guard, Montgomery, AL. The opinions expressed herein do not necessarily represent those of the USAF or the Alabama Air National Guard.

The *In Formation* welcomes articles and photos with captions. All articles are subject to editing. **On paper:** Typed or handwritten submissions are acceptable, however, email is preferred. **Please E-mail your inputs to: 187FW.PA@ang.af.mil**

The deadline for all submissions is 1200 Saturday of UTA. However, please try to get them to us ASAP.

Anti-Terrorism

By Col. (Ret) George R. McCurdy III 187FW/Anti-Terrorism Officer

Terrorist Surveillance Indicators



Be alert and report ANY suspicious activity by calling 394-7277! EAGLE EYES! EAGLE EYES! EAGLE EYES! EAGLE EYES!

The United States Department of Homeland Security has identified the following as indicators of potential terrorist surveillance activity:

- 1. <u>Fixed Surveillance</u>: This type of surveillance is done from a stationery location possibly a building near the potential target. This type of surveillance can be accomplished in several ways. The terrorist can be completely concealed in a room of a building adjacent to the potential target and peering out the window or through a crack in the wall. Another method of "Fixed Surveillance" could be individuals in disguise by wearing a uniform to give the public the impression of being a productive member of society such as a plumber or mechanic thereby performing surveillance from a shop, place of business, or public place.
- 2. <u>Mobile Surveillance</u>: This type of surveillance is accomplished usually by driving in a vehicle and photographing or recording the target from the moving vehicle.
- 3. <u>Progressive Surveillance</u>: The terrorist in carrying out progressive surveillance usually will take a lot of time with this particular technique. It should be pointed out, this particular type of surveillance is the most difficult to detect. The terrorist will observe a potential target from specific location for a period of time, vacate the location for a time and possibly return to the same location in the future to observe the potential target. Terrorists may also choose to observe the potential target from another location near the potential target such as another building. This could cover a time period of months or even years depending on the value and accessibility of the target. Another example could be a soccer field near a target enabling terrorists to participate in a soccer game periodically while simultaneously observing a target.

All of us need to know and have general understanding and awareness of these three surveillance techniques in order to have effective vigilance and alertness to protect the 187th Fighter Wing personnel and assets from possible terrorist activity.

All of the businesses which surround the 187th are aware and have eagerly agreed to participate in our "EAGLE EYES" program. However we all must be alert and be on the lookout for any type of surveillance whether it be fixed, mobile or progressive. Another realistic scenario could be someone in a mechanic's uniform watching from one of the hangars near our base for a while and then maybe parking their vehicle and observing the 187th from the CITGO station and riding down Highway 80 or Richardson Road taking video or pictures. The bottom line is to be alert, look for, and report any suspicious activity by calling 394-7277. Additionally, if suspicious activity involves a vehicle get the tag number if at all possible.

The Vipernet and the old public page are history.

There are new websites out there now with a wealth of information for your use.

Public Website:

http://www.187fw.ang.af.mil/

Look for current news updates, photos, links to the InFormation newsletter and much more on this web site.

POC: TSgt Steve Cord, 1Lt Jennifer Griffith

CoP:

https://wwwd.my.af.mil/afknprod/ASPs/CoP/OpenCoP.asp?Filter=AN-OT-03-89

Use the CoP to post documents to share with co-workers. Also to be used as a replacement for the H:drive (current documents only). Each group, squadron, or area should create their own CoP and link it to the main CoP. (Permanent files that belong in your file plan should be saved to the S:drive).

POC: TSgt Steve Cord

Sharepoint:

https://apc1-sp-01/sites/187fw/default.aspx

This site will be used to update you on current announcements and important information. We will no longer be sending out 'zall' emails. Orderly rooms will have permissions to add to the announcements and calendar. If you wish to receive email notification when something new has been posted or a change has been made – go to the link, click on your name at the top left, click my settings, click my alerts, add alert, then select which items you would like to be sent an email notification for.

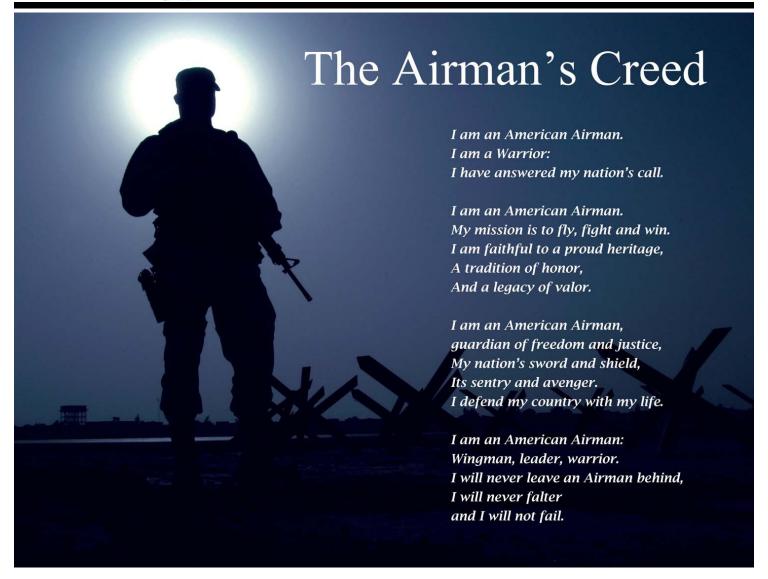
POC: SMSgt Joseph Harris, 1Lt Jennifer Griffith

Big thanks to SMSgt Joseph Harris, TSgt Steve Cord, and TSgt Luis Enriquez for all their hard work getting this websites up and running!



Please check these sites for more details on the Wing's Christmas Festivities scheduled for December 5th!





OFFICER'S OATH:

"I______,do solemnly swear (or affirm) that I will support and defend the Constitution of the United States and the Constitution of the State of Alabama against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; that I will obey the orders of the President of the United States and the Governor of the State of Alabama, that I make this obligation freely, without any mental reservation or purpose of evasion, and that I will well and faithfully discharge the duties of the office of _____, in the Air National Guard of the State of Alabama upon which I am about to enter. So help me God.

OATH OF ENLISTMENT:

"I_____,do solemnly swear (or affirm) that I will support and defend the Constitution of the United States and the State of Alabama against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; and that I will obey the orders of the President of the United States and the Governor of Alabama and the orders of the officers appointed over me, according to law and regulations. So help me God.



- 1.) Thou shalt arrive within 10 minutes of the appointed hour.
- 2.) Thou shalt make every effort to meet all of the guests.
- 3.) Thou shalt move to the mess when thee hears the chimes and remain standing until seated by the President.
- 4.) Thou shalt not bring cocktails or lighted smoking material into the mess.
- 5.) Thou shalt not leave the mess whilst convened. Military protocol overrides calls of nature.
- 6.) Thou shalt participate in all toasts unless thyself or thy group is honored with a toast.
- 7.) Thou shalts ensure that thy glass is always charged when toasting.
- 8.) Thou shalt keep comments within the limits of good taste and mutual respect. Degrading or insulting remarks will be frowned upon by the membership. However, a good natured needling is encouraged.
- 9.) Thou shalt murder the Queen's English.
- 10.) Thou shalt always use the proper toasting procedure.
- 11.) Thou shalt fall into disrepute with thy peers if the pleats of thy cummerbund are not properly faced.
- 12.) Thou shalt not also be painfully regarded if thy clip-on bow tie rides at an obvious list. Thou shalt not be forgiven; however, it thee also ride at a comparable list.
- 13.) Thou shalt consume thy meal in a manner becoming gentlepersons.
- 14.) Thou shalt not laugh at ridiculously funny comments unless the President first shows approval by laughing.
- 15.) Thou shalt express thy approval by tapping thy spoon on the table. Clapping thy hands will not be tolerated.
- 16.) When addressing the President of the Mess, Mr. Vice, or Madame Vice, though shalt always introduce thyself by rank and name.
- 17.) Thou shalt not question the decisions of the President.
- 18.) Thou shalt not quibble.
- 19.) When the mess adjourns, thou shalt rise and wait for the President and head table guests to depart.
- 20.) Thou shalt enjoy thyself to the fullest.

How to Grog Somebody

A point of order will be directed against members who are guilty of flagrant violations of decorum through irresponsible personal conduct brought about by ignorance or indifference to the established Rules of the Mess.

Points of order will be addressed to the President of the Mess regarding a violator of a given rule. Points of order will not be used to address personalities or construed to be some dubious means by which one may heap insults on the loyalty, dignity, or integrity of a fellow member; however, as stated in the rules, goodnatured needling is encouraged. Rhyming in making points of order is *not* required, but is strongly encouraged.

Violators will be permitted to throw themselves upon the mercy of the Mess with a statement of defense. This should be in prose or rhyme. The President will decide the consequence of any point of order. The decision of the President will be final.



Grog Protocol (for Violators)

- 1) Without talking further, proceed directly to the grog bowl in a military manner, squaring all corners.
- 2) Station yourself in front of the grog bowl and head table, facing the head table and salute the President.
- 3) Execute an about face toward the bowl and fill your cup with the grog.
- 4) Facing the mess, you then toast the mess with your left hand and say, "To the Mess."

(Response from remainder of Mess "What a Mess!")

- 5) Drink the contents of your cup without removing it from your lips until finished.
- 6) Turn the cup upside down over your head signifying it is empty. While still holding the cup over your head, execute an about face and salute the President. Wait for the President to acknowledge you before dropping your salute.
- 7) Execute another about face (still holding the cup over your head) and return the cup to the table.
- 8) Return to your seat in a military manner squaring all corners.
- *Omission of any of the above steps may result in a repetition of the entire procedure (unless President takes pity on the poor soul).
- *With the exception of the toast "To the Mess," the violator is not permitted to speak of course the during this process.

Official Mess Attire

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Figure 2.3. Men's Semi-Formal Dress Uniform (Enlisted only).

NOTES:

- 1. Name tag and headgear is not worn. Saluting when outdoors is not required.
- 2. Center ribbons resting on (but not over) edge of welt pocket and between left and right edges.

Wear all ribbons and devices. See Figure 4.3. for arrangement of ribbons

- 3. Place US insignia halfway up the lapel seam, resting on but not over it. Bottom of insignia is horizontal with the ground. Circles will be worn around the U. S. Insignias. Implementation date 1 January 2007.
- 4. Air Force members are highly encouraged to wear their current occupational badge. Aeronautical and chaplain badges are mandatory, others are optional. Wear only midsize or regular badges, do not mix sizes. Center aeronautical, occupational, or miscellaneous badge 1/2 inch above the top row of ribbons. Center additional badge 1/2 inch above first one. Center duty or miscellaneous badge 1 1/2 inches below top of welt pocket and centered, and/or on right side centered between arm seam and lapel, with bottom edge of badge parallel to top of welt pocket.

EXCEPTIONS:

Missile badge is only worn 1 1/2 inches below top of welt pocket and centered. Excellence-In-Competition badge is worn centered on the welt pocket.

- 5. Center 4 inch sleeve chevron halfway between shoulder seam and elbow bent at 90-degree angle.
- 6. Herringbone tie is mandatory. Center optional tie tack or tie clasp (Air Force symbol, grade insignia, or wing and star) between bottom edge of knot and bottom tip of tie.
- 7. Wear with white long or short sleeve shirt described in 2.1.
- 8. Individuals, at their discretion, may sew down pockets but no local policy will be established to make it mandatory.

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Figure 2.16. Women's Semi-Formal Dress Uniform (Enlisted only).

NOTES:

- 1. Name tag and headgear is not worn. Saluting is not required when outdoors
- 2. Center ribbons resting on (but not over) edge of welt pocket and between left and right edges. Wear all ribbons and devices. See Figure 4.3. for arrangement of ribbons.
- 3. Place US insignia halfway up the seam, resting on but not over it. Bottom of insignia is horizontal with the ground. Circles will be worn around the U. S. Insignias. Implementation date 1 January 2007.
- 4. Air Force members are highly encouraged to wear their current occupational badge. Aeronautical and chaplain badges are mandatory, others are optional. Wear only midsize or regular badges, do not mix sizes. Center aeronautical, occupational, or miscellaneous badge 1/2-inch above top row of ribbons. Center additional badge 1/2- inch above first one. Center duty or miscellaneous badge 1 1/2 inches below top of welt pocket and/or on right side centered between arm seam and lapel, with bottom edge of badge parallel with top of welt pocket. If placing duty or miscellaneous badges on the right side, center additional duty badge 1/2 inch above the first.

EXCEPTIONS:

The missile badge and excellence-in-competition badge is worn 1 1/2 inches below top of welt pocket and centered or on the right side.

- 5. Center 3 1/2- or 4-inch sleeve chevron halfway between shoulder seam and elbow bent at 90-degree angle.
- 6. Tie tab is mandatory.
- 7. Worn with white long or short sleeve blouse only. Polyester or cotton, princess line, button front, with small pointed collar; wear with blue satin inverted-V tie tab with or without self-fastening tails, as described in Table 2.3.
- 8. Slacks are not authorized.



Junior Enlisted Council (JEC)

By Staff Sgt. Luis Enriquez 187CF/SCO

First, to all who returned from the recent American Expeditionary Forces (AEF): Welcome home! We are very proud of you and of the mission success in the AOR.

While you were deployed, much has transpired at the 187th Fighter Wing. One significant occurrence is the development of the Wing's very first Junior Enlisted Council (JEC). With the leadership of Senior Master Sgt. Jay Moseley, the JEC has drafted its Charter and By-laws for all to review. The new JEC also created a brochure describing its purpose and function, as well as a website with valuable membership information. The heart-beat of the JEC will be the junior enlisted Airmen from the grades of E-1 through E-6.

Now in full swing, the JEC will be introducing themselves to the Student Flight every Sunday afternoon (during UTA). A member of the JEC will hold a 45-minute teaching session on various topics from the <u>AF Handbook 1</u>. Its purpose is to get the Student Flight ready for Basic Military Training (BMT) at Lackland Air Force Base. The objective is to provide a "step above the rest" for the newcomer. Also, it will be a great opportunity for our future Airmen to be familiar with their home base.

If you would like to be a part of the JEC's lead in the Student Flight, or the many other events and activities JEC will be involved with, then go to http://187fw-fs-06/JEC/form.cfm and fill out the membership form. Also, you can contact one of the JEC Executive Committee members via e-mail by visiting https://187fw-fs-06/JEC/About_Us.cfm for a listing. A JEC member will contact you and get you connected. We look forward to hearing from you.

Student Flight Name Contest

By Senior Master Sgt. Jay Moseley 187FW/Human Resources Advisor



The 187th Fighter Wing will be standing up a new and improved Student Flight Program. It is designed to prepare Non-Prior Service (NPS) members for Basic Military Training (BMT) and introduce them to the military environment. Each UTA, Student Flight members will begin the day with a military formation roll call and be introduced to areas such as military history, drill and ceremony, anti-terrorism awareness, leadership training, legal briefings, First Sergeant briefings, physical training, weapons training along with several other training opportunities involving all sections in our Wing. This training will be conducted both in and out of the classroom and is organized to help each individual understand and experience the benefits of teamwork and develop increased self confidence.

Our new and improved Student Flight Program needs a name. To get your wheels turning, one example comes from Stratton ANG, NY where they call their Student Flight Program the BRATS (Basic Recruits Attending Training at Stratton). Each Wing member is encouraged to submit one name by C.O.B., 21 November 2009. To submit a name, email SMSgt Jay Moseley and for the subject line put "Student Flight Name Contest". The contest will end by close of business on 22 November. One winner will be chosen by the Student Flight Advisory Council and announced during December UTA. The winner of the contest will receive a \$50 gas card AND the opportunity (mandatory if you want the gas card) to speak to the Student Flight during January UTA on an approved topic of your choice.

Sponsor an "Angel"

The Air National Guard Noncommissioned Officer Academy Graduation Association, NCOAGA, is sponsoring the Angel Tree from the Salvation Army this year. You may also choose to sponsor an "Angel" as a group. We have 60 angels in need of a sponsor.

The NCOAGA is asking each professional organization of the 187th to sponsor an angel if at all possible. The gifts are due back Saturday 5 Dec (Dec UTA). There was be a table set up in the Dining Facility during OCT UTA. If you were unable to sponsor at that time but are able to sponsor now, it's not too late! Contact Master Sgt. Lisa McDay @ 394-7274.



Thank <u>YOU</u> for supporting the 187FW Canteen Fund!

Any profits gained from use of the base gas pumps are put into Wing programs such as the Wing Dining Out, the CFC Fund Run, Quarterly Award Winners, Retirements, and much more!

Thanks for your support!

187th Fighter Wing Sexual Assault Prevention & Response Office (SAPRO)

1Lt Jennifer Griffith
Sexual Assault Response
Coordinator
5187 Selma Hwy, Bldg 1502
Montgomery, AL 36108
334-394-7202/DSN: 358-9202
Cell: 334-531-0767
jennifer.griffith@ang.af.mil

USEFUL NUMBERS/RESOURCES

187FW Sexual Assault Prevention & Response Office 334-394-7202 DOD Sexual Assault www.sapr.mil Military OneSource 1-800-342-9647 www.militaryonesource.com

Overseas:

00-800-3429-6477 Overseas Collect: 1-484-530-5908

Airman & Family Readiness 334-394-7119 (Formerly Family Support Center)

Chaplain Assistance 334-394-7268 Base Legal Assistance 334-394-7333

EEO 334-394-7244 Law Enforcement

Security Forces 334-394-7404 Montgomery Police Dept 334-241-2708

Standing Together Against Rape (STAR) 334-213-1227

Rape and Incest National Network 1-800-656 (HOPE) www.rainn.org



On behalf of Command Chief Master Sergeant Michael Cone, Congratulations to the following Quarterly Award Winners:

Quarterly Award Winners for Jul. - Sep. 2009



Airman Category SrA Jeffrey Locke



NCO Category TSgt Devin Boggan



SNCO Category MSgt David Sellers

CCAF GRADUATES OCT 2009

Congratulations to the following individuals on receiving their CCAF degree. A formal ceremony will be held in April 2010 at Gunter AFB. Anyone that is interested in this ceremony, please contact the Training office at 7298 for more details. All graduates are entitled to a 3 hr course at Troy State University of Montgomery.

SSgt Marketta Craig - 187LRS SSgt Jeffrey Foster- 187FW TSgt Jamathon Harris - 187CES SSgt Reginald Holland -187MXS SrA Roscoe Lewis – 187SFS SSGT Keith Logan – 187AGS SSGT Rachael O'Neil – ALA HQ SSG Chamarr Pennywell- 280CBCS TSgt Kathryn Segrest (2)- 187FW

Congratulations to our NCOA Graduate!

By Maj. Steven Tindoll 187 FM/FMA

On October 27, 2009, Tech Sgt. Katie Segrest graduated from the NCO Academy at Gunter Annex. During the six week course she developed her leadership, communication, problem solving, performance and conflict management skills. Sergeant Segrest said, "It was a very rewarding experience and I recommend that all Airmen attend in residence if they are able."



Congratulations to our PME Graduates!

Submitted by Master Sgt. Norma E. Dove 187 MSF/DPMT

The following personnel graduated from in-residence Professional Military Education (PME) courses on the date indicated. Please congratulate these members on their outstanding accomplishment.

Senior NCO Academy:

MSgt Jeffrey L. Shirley, Logistics Readiness Squadron, Fuels Management, 15 September 2009

NCO Academy:

TSgt Katie R. Segrest, Fighter Wing Staff, Finance, 27 October 2009 TSgt Jessica M. Tull, Force Support Squadron, Personnel, 29 October 2009

Airmen Leadership School:

SSgt Wynonia C. Copeland, Maintenance Squadron, Commander's Support Staff, 29 October 2009

SrA William J. Locke, Medical Group, Bioenvironmental Engineering, 29 October 2009

SSgt Donald R. McLeod, Fighter Wing Staff, Chaplain Assistant, 29





From Left to Right: Chief Cone, Major Tindoll, TSgt Segrest and husband, TSgt Segrest

10 In Formation

Avoiding Swine Flu

Associated Press Submitted by 187th MDG 187 FW/PA

While you are still healthy and not showing any symptoms of H1N1 infection, in order to prevent proliferation, aggravation of symptoms and development of secondary infections, some very simple steps - not fully highlighted in most official communications - can be practiced (instead of focusing on how to stock N95 or Tamiflu):

- 1. Frequent hand-washing (well highlighted in all official communications).
- 2. "Hands-off-the-face" approach. Resist all temptations to touch any part of face.
- 3. Gargle twice a day with warm salt water. H1N1 takes 2-3 days after initial infection in the throat/ nasal cavity to proliferate and show characteristic symptoms. Simple gargling deters proliferation. In a way, gargling with salt water has the same effect on a healthy individual that Tamiflu has on an infected one. Don't underestimate this simple, inexpensive and powerful preventative method.
- 4. Similar to above, clean your nostrils out at least once every day with warm salt water. Blowing your nose hard once a day and swabbing both nostrils with cotton buds dipped in warm salt water is very effective in bringing down viral population.
- 5. Boost your natural immunity with foods that are rich in Vitamin C (citrus fruits). If you have to supplement with Vitamin C tablets, make sure that it also has Zinc/bioflavonoids to boost absorption.
- 6. Drink as much of warm liquids as you can. Drinking warm liquids has the same effect as gargling, but in the reverse direction. They wash off proliferating viruses from the throat into the stomach where they cannot survive, proliferate or do any harm.

Refurbished Static Display-Just Around The Corner

By Capt Will Cambardella *187FW/PAO*

If you drive around the circle in front of the Headquarters building, something is missing. In case you haven't noticed or have had your head in the sand, the 187th FW is refurbishing the F-16 static display. The designated contractor is implementing corrosion control and utilizing high gloss paint that will highlight a black stripe on the rudder/tail. Emblazoned on the tail will be the red flash that we have come to know by means of the historical Tuskegee Airmen. The city of Montgomery will also appear polished on the tail. Senior Master Sergeant Robert Owen is guiding this effort as he did previously with the static display at Highland Home School. As the contracting office representative, he has worked with the Maintenance Group and the Engineers to coordinate efforts. Master Sergeant Stephen Shanks recalled the movement and transportation of the static display. "It was quite an ordeal," said Shanks "But it will be well worth the effort, I know it will look great!" Just in time for Christmas.



187th Fighter Wing F-16 static display in front of headquarters is currently being refurbished.

187th Members Finish 2nd in Golf Tournament

Submitted by Senior Master Sgt. Warren Adams 187FW/Safety Office

AFA Montgomery Chapter 102 held its annual golf tournament on Oct 7th at Maxwell Air Force Base. The event was held on both the University and River courses at Cypress Tree golf course. A team of current and retired members of the 187th entered the tournament and finished in 2nd place on the river course. The team consisted of Colonel (Ret) Irvin Wells, Combat (Mission Support Commander 1978 – 1985), Colonel (Ret) Charlie Dickey, Mission Support Commander 2004-2008, Senior Master Sgt. Warren Adams, HQ Safety Office, Tech Sgt. Brett Dickey, Munitions Flight. Brett also won the longest drive contest for his booming drive on the second hole (river course). After the tournament Carrabba's Italian Grill® served dinner while AFA officers handed out door prizes.



Pictured above from Left to Right: TSgt Brett Dickey, Munitions Flight, Col (Ret) Irvin Wells, Combat (Mission Support Commander 1978 – 1985), Col (Ret) Charlie Dickey, Mission Support Commander 2004-2008 and SMSgt Warren Adams, HQ Safety Office.



Hot Shots!

SOUTHWEST ASIA—Staff Sgt. Marvin Daniels, 380th Expeditionary Force Support Squadron, restocks food supplies in the flight line storage room Aug. 21. Sergeant Daniels is deployed from the 187th Fighter Wing, and grew up in Montgomery, AL (U.S. Air Force photo/Tech. Sgt. Charles Larkin, Sr.)



Chaplain's Corner

By Tech Sgt. Steve Huffman 187FW/Chaplain Assistant

"Whatever you do, do it all for the glory of God"

1 Corinthians 10:31

Many years ago I had the privilege to work as a contractor with Raymond F. Warren. We worked on the Eglin AFB Range. Ray, or as we called him "the Chief," retired from the Navy as a Chief Gunners Mate. He served on the 1st Navy convoy to Russia and also aboard the U.S.S. Wisconsin during WWII. The Chief always had an anecdote or quote that seemed to stick with you "Know yourself, know your job and know your people. My personal favorite was, "Organize, Supervise, and Deputize."

Besides being very able mechanically, he could tie any knot for any purpose one could think of and was a pleasure to work with. In tribute to our armed forces and the men and women who have and are defending our freedom I submit the following anecdote from "the Chief" for consideration:

The Difference Between a Boss and a Leader

The boss drives his men.

The boss depends upon authority

The boss inspires fear.

The boss says, "I".

The boss assigns the task.

The boss gives orders.

The boss says, "Get here on time".

The boss fixes the blame for the breakdown.

The boss knows how it is done.

The boss pushes people.

The boss gets compliance.

The boss says, "Get going".

The boss builds machines.

The world needs leaders.

The leader coaches them.

The leader depends upon good will.

The leader inspires enthusiasm.

The leader says, "We".

The leader sets the pace.

The leader makes suggestions.

The leader gets there ahead of time.

The leader fixes the breakdown.

The leader shows how it is done.

The leader persuades people.

The leader gets cooperation.

The leader says, "Let's go".

The leader builds men.

But nobody wants a boss.

The NGB Chaplain Office offers a Telephone Crisis Line which is available 24 hours a day, 7 days a week. The telephone number is 1-800-443-2985.

The Chaplains will offer the following:

Compassionate Listening, Crisis Intervention,

Appropriate Referral and Field Coordination with a local Chaplain.

Your 187th FW Chaplains are available for counseling

during UTAs and other times by request.



Happy Thanksgiving-Nov 26!

Civilian Positions within the Federal Government:

http://career.usajobs.opm.gov// http://career.usajobs.opm.gov/

Part-time Vacancies and Unit Information:

www.goang.com

Full-time AGR and Technician Positions:

http://www.fulltimeguard.com/ http://www.fulltimeguard.com/>

stanley.krasinski@almont.ang.af.mil www.goang.com

Pilot (UPT) Information: www.goang.com

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Captain Laura Logan Takes Her First F-16 Ride

By Capt Will Cambardella and SrA Steven Johnigan 187FW/PA

Captain Laura Logan showed up bright and early Halloween morning for a real treat—her first F-16 ride. Although she has no military experience, Capt Logan's passion for flying began at the age of fourteen when she first flew gliders. She followed her dream and became a pilot with United Airlines. She has climbed the corporate ranks and is the Assistant Chief Pilot for the Northeast Region for United Airlines based out of Washington D.C. She has the awesome responsibility of 1400 pilots and simultaneously covers 6 airports.

Back on the ground, Logan remarked on how gratifying the ride was.

"I am honored to be recognized", said Logan. "Words cannot describe the feeling." When she was asked how it stacked up, she responded, "That was better than any amusement ride—Amazing!"

2009 CFC Fund Run Attracts Eager Runners

By Capt Will Cambardella *187FW/PAO*

The Alabama National Guard Heart of Alabama Combined Federal Campaign (CFC) Fund Run took place 13 November at Dannelly Field. The race was a 5K and raised over \$1,000 for various charities. Both Alabama Air and Army Guard members and civilians participated in this year's event. The top three male finishers were Lt. Col. T.J. Norvell, MSgt William Colley and CMSgt John Rowe. The females were led by Lt. Col. Cynthia Bachus, Lt. Col. Sherrie Conner and Mrs. Beth Smiley. Door Prizes and awards were presented after the race. Thanks for all your support!



Captain Frank Prokop (left) takes Captain Laura Logan (right) on her first F-16 incentive flight.



Runners patiently await to hear the Rules of Engagement on the 2009 CFC Fund Run.



Runners at the 2009 CFC Fund Run begin the 5K Race.

NOTICE!

The following is an important message from the 187th FW Public Affairs Office:

We have a NEW Email Account (Distro List actually) for ALL Inputs and Photos for the 187th FW "In-Formation" Newspaper. The previous email account for submitting inputs was, In-FormationArticles@almont.ang.af.mil, and is no longer available! Please submit all articles, photos, etc. to the following email address:

187FW.PA@ang.af.mil. Thank you!

Vacancies

187TH CES ELECTRICAL POWER PROD PEST MANAGEMENT **187TH CF GROUND RADIO 187TH LRS** SPECIAL VEH MAINT APP **187TH MAINT GROUP** TACTICAL AIRCRAFT MAINT **187TH MXO** MUNITIONS SYSTEMS **187TH MXG** TACTICAL ACFT MAINT **187TH MXA** TACTICAL ACFT MAINT ACFT ARMAMANT SPEC ACFT MAINT OFFICER **AVIONICS SYSTEMS 187TH MDG** FLIGHT SURGEON PHYSICIAN ASST 100 FS AIRCREW FLIGHT EQUIP **187TH OG** RECONNAISSANCE

187TH MXM MUNITIONS SYSTEMS ACFT FUELS ACFT ELEC/ENVIRON ACFT EGRESS SYSTEMS NONDESTRUCT INSP SPEC ACFT ACCESSARY SYS STRUCT/CORR SPEC JET ENGINE MECHANICS TACTICAL ACFT MAINT ACFT PNEU SYSTEMS AEROSPACE GROUND EQUIP 226TH CBCS ELECTRICAL POWER PROD COMM-COMP SYS OPNS COMM-COMP SYS CONT **226TH CCG** HVACR **GROUND RADIO**

187FW 2010 UTA/SUTA Schedule				
	UTA	SUTA	<u>Other</u>	
January	23-24	9-10		
February	20-21	6-7	•	
March	6-7	13-14		
April	24-25		Sentry Aloha 27 Mar - 10 Apr	
May	15-16		Phase I ORE 13-16 May	
June	12-13	26-27		
July	10-11		Gulfport Phase I (10-23 July)	
August	14-15	28-29	i	
September	11-12		Phase I ORE 9-12 Sep	
October	16-17	2-3	<u> </u>	
November	20-21		Phase I ORI 17-22 Nov	
December	11-12	4-5		

EOC Testing

Sat. - 1300-1600 in the MPF Testing Rm. **Sun.** - 0900-1200 in the MPF Testing Rm.

UTA Pay Dates

Nov. UTA - 2 Dec. 2009

Dec. UTA - 16 Dec. 2009

Jan. UTA - 3 Feb. 2010

Feb. UTA - 3 Mar. 2010

UTA Dates

	<u>UTA</u>	SUTA
Nov.	21–22	None
Dec.	5–6	19–20
Jan.	23–24	9-10
Feb.	20-21	6–7
Mar.	6–7	13-14
*Sentry Aloha	27 Mar 10 Apr	2010

Human Resources Advisor Vacancy/Submitted package is due NLT 23 Jan 2010 to Chief Graham MPF x7218

IMPORTANT FINANCE INFORMATION

Going on an Active Duty tour or school for 30 or more days? Don't forget to stop by Finance to outprocess, receive a briefing on your entitlements and get your pay started. If you do not out process with Finance, your pay may be either delayed or not started. It is important that you stop by Finance before you depart to ensure continued pay.

CHECK YOUR PERSONNEL AND PAY RECORDS ONLINE

First, sign-up on a military computer:

vMPF website: http://www.afpc.randolph.af.mil/vs/ My Pay website: https://mypay.dfas.mil/mypay.aspx For assistance, see your orderly room representative.

New e-mail address to send your travel orders

To better accommodate the travel needs of the 187th Fighter Wing and it's GSU's, the Traffic Management Office has established a new mailbox for our members/UDMs to send in their orders and travel requests. This will help us to ensure everyone's travel needs are met as soon as possible no matter who is in the office at that time.

From this point on, please forward all orders and travel request to: <u>187FW.LGRT@ang.af.mil</u> (instead of any one individual in the TMO office).

Officer Vacancies

2 Positions in the Medical Group

- 1 Flight Surgeon (48R3)
- 1 Physician Assistant (42G3)

Application Procedures: All applicants must submit a resume to 187th Medical Group. There is no closeout date on this announcement at this time.

Military Personnel Flight & Finance Customer Service Hours

Since Military Personnel & Finance combined in the new HQ Building, both sections have changed their work schedule to match.

The new Hours of Operation are:

Saturday: 0800hrs - 1430hrs From 1430hrs - 1600hrs, **BOTH** areas will be closed for training.

Sunday: 0700hrs - 1500hrs